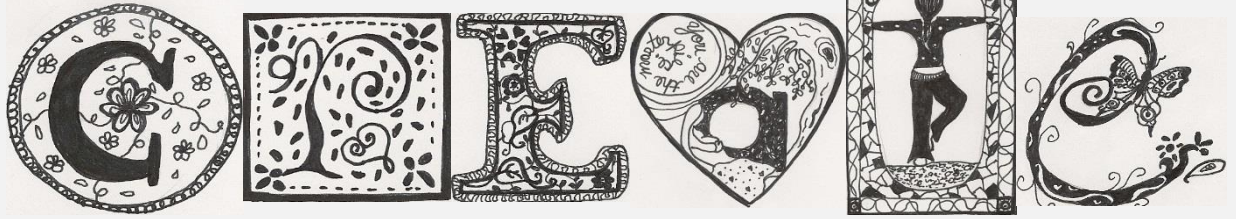




Angel Wing
Wishes



Introduction

On my blog, www.danadaponte.com/blog, I feature something I like to call **Story Art**. These are fun art projects that help you learn more about yourself, your life and your soul stories. They also help you rewrite the parts of your life story you don't like. I keep the instructions simple and fun so they don't require any previous art experience; just a willingness to let go and play. Many of my Story Art projects are also geared at helping mothers and daughters enjoy intimate conversations that help them learn more about each other. I am an **Intuitive Therapist** that is passionate about relationships...especially the sacred relationship between mothers and daughters.

This Story Art project is called Angel Wing Wishes. It is a creative way to write your prayers, wishes or intentions. After following these simple instructions, you will have a collection of paper angel wings you can use during your daily spiritual ritual. I like to imagine as you write your prayer or wish onto your paper angel wings, your guardian angel carries your pretty paper wish and flies it to wherever it needs to go to be answered.

It also makes a great gift. Instead of concentrating on your personal needs, write a number of prayers, intentions or wishes you have for the person you would like to gift your Angel Wing Wishes to. When the person receives your gift, they will get the joy of unfolding each prayer/wish/intention you sent out into the universe personally for them. This is a great gift idea for when your child is going through a difficult or challenging time or when someone you love needs a happy pick-me-up.

Enjoy!

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